

Wisconsin Valley All-Conference Runners Since 1975

2010 WVC Top Ten Boys

Michael Larson, Stevens Point
Jon Formella, Stevens Point
Luke Helminiak, Stevens Point
Matt Mitchell, Stevens Point
Jacob Dirkman, DC Everest
Ryan Besaw, Stevens Point
Jack Micholic, DC Everest
Andrew Pitney, Wausau East
Jacob Hahn, Stevens Point
Sam Anderson, DC Everest

2010 WVC Honorable Mention

Luke Merchant, DC Everest
Bryan Zimmerman, Marshfield
Aaron Anderson, Marshfield
Adam Voss, Marshfield
Matt Hupy, DC Everest

2010 WVC Top Ten Girls

Ashley Eckhoff, Wausau East
Rebecca Voss, Marshfield
Katelyn Stine, Wausau East
Sarah Poirier, Wausau West
Courtney Frahm, Wausau East
Marissa Lange, Wausau East
Marissa Matushak, Wausau West
Haley Dodd, Wausau West
Krista Maguire, Wausau East
Kierra Kohlbeck, Wausau West

2010 WVC Honorable Mention

Michaela Matushak, Wausau West
Ellie Hrdina, Wausau West
Marissa Peters, DC Everest
Sydney Harris, Merrill
Payton Tepp, Stevens Point

2009 WVC Top Ten Boys

Paul Przybelski, Stevens Point
Joey Cal, Stevens Point
Jordan Theiler, DC Everest
Trevor Koziczowski, Stevens Point
Luke Helminiak, Stevens Point
Scott Goelden, Wausau West
Ryan Besaw, Stevens Point
Ryan Anderson, Rhinelander
Michael Larson, Stevens Point
Sam Anderson, DC Everest

2009 WVC Honorable Mention

Scott Berry, Wisconsin Rapids
Jacob Dirkman, DC Everest
Bryan Zimmerman, Marshfield
Jacob Tepp, Stevens Point
Cory Juntunen, Wausau West

2009 WVC Top Ten Girls

Katelyn Stine, Wausau East
Maggie Priebe, Wausau East
Ashley Eckhoff, Wausau East
Rachel McNally, DC Everest
Courtney Frahm, Wausau East
Michaela Matushak, Wausau West
Sara Fuller, Marshfield
Ellie Hrdina, Wausau West
Sarah Poirier, Wausau West
Cassidy Daley, Wausau West

2009 WVC Honorable Mention

Haley Dodd, Wausau West
Karna Baraboo, Wausau West
Alexa Fritsch, Marshfield
Kelly Eckhoff, Wausau East
Lisa Kaiser, Marshfield

2008 WVC Top Ten Boys

Nate Hatton, Stevens Point
Jordan King, Stevens Point
Paul Przybelski, Stevens Point
Trevor Koziczowski, Stevens Point
Joey Cal, Stevens Point
Mark Punzenberger, Wausau East
Tony Matushak, DC Everest
Jordan Theiler, DC Everest
Scott Berry, Wisconsin Rapids
Dalton Scott, Stevens Point

2008 WVC Honorable Mention

Ryan Anderson, Rhinelander
Jordan Rhode, Rhinelander
Paul Choudoir, Stevens Point
Jacob Tepp, Stevens Point
Scott Goelden, Wausau West

2008 WVC Top Ten Girls

Katelyn Stine, Wausau East
Candice Todryk, Marshfield
Courtney Frahm, Wausau East
Amanda Whipple, Marshfield
Alexa Fritsch, Marshfield
Randi Timerman, Stevens Point
Krista Maguire, Wausau East
Laura Meinhardt, DC Everest
Becky Buffington, DC Everest
Kassie Krueger, Stevens Point

2008 WVC Honorable Mention

Megan Stats, Stevens Point
Michaela Matushak, Wausau West
Holly Van Asten, Wisconsin Rapids
Marlena Sniadajewski, Stevens Point
Sarah Poirier, Wausau West

Wisconsin Valley All-Conference Runners Since 1975

2007 WVC Top Ten Boys

1. John Pliska, Stevens Point
2. Nate Hatton, Stevens Point
3. Jordan King, Stevens Point
4. Bryan Zdroik, Stevens Point
5. Jay Birkholz, Wausau East
6. Trevor Koziczowski, Stevens Point
7. Paul Przybelski, Stevens Point
8. Jack Senefeld, Stevens Point
9. Erik Artymiuk, Antigo
10. Mitch Easker, Antigo

2007 WVC Honorable Mention

11. Lucas Lynch, Wausau West
12. Mark Punzenberger, Wausau East
13. Steven Monk, Wausau West
14. Cal Joey, Stevens Point
15. Jordan Rhode, Rhinelander

2007 WVC Top Ten Girls

1. Rachel McNally, DC Everest
2. Nicole Blahnik, Antigo
3. Candice Todryk, Marshfield
4. Emily Richetto, Wausau West
5. Lauren Boodry, Antigo
6. Amanda Whipple, Marshfield
7. Kate Sanft, Wausau East
8. Brittany Drengler, Wausau West
9. Danielle Noland, Merrill
10. Jackie Forrest, Stevens Point

2007 WVC Honorable Mention

11. Marlena Sniadajewski, Stevens Point
12. Megan Stats, Stevens Point
13. Amy Pawleko, Marshfield
14. Gabrielle Klein, Stevens Point
15. Elizabeth Eckert, Wausau East

2006 WVC Top Ten Boys

- Kit Powell, Antigo
Sean Harrington, Marshfield
Bryan Zdroik, Stevens Point
John Pliska, Stevens Point
Jason Smith, Stevens Point
Jeff Winkelman, Stevens Point
Adam Hopp, Stevens Point
Nate Hatton, Stevens Point
Jack Senefeld, Stevens Point
Garrett Kujawa, Stevens Point

2006 WVC Honorable Mention

- Jordan Rhode, Rhinelander
Dylan Day, Wausau West
Mitch Easker, Antigo
Brendon Stubbe, Wausau West
Aaron Hollis, DC Everest

2006 WVC Top Ten Girls

- Margaret Ho, Wisconsin Rapids
Marlena Sniadajewski, Stevens Point
Alie Graham, Wausau East
Kate Sanft, Wausau East
Nikki Bruhn, Marshfield
Ellen Kumm, Wausau West
Rachel McNally, DC Everest
Lauren Boodry, Antigo
Amy Pawelko, Marshfield
Courtney Schneider, Marshfield

2006 WVC Honorable Mention

- Katlyn Reimann, DC Everest
Candice Todryk, Marshfield
Emily Richetto, Wausau West
Jayme Dittmar, Wausau East
Megan Cornell, DC Everest

2005 WVC Top Ten Boys

1. Sam Braatz, Wausau East
2. Sean Harrington, Marshfield
3. Dave Maxwell, DC Everest
4. Chris Wirtz, DC Everest
5. Jeff Winkelman, Stevens Point
6. Joe Schoneman, Merrill
7. Kendric Walters, Stevens Point
8. Kit Powell, Antigo
9. Bryan Zdroik, Stevens Point
10. Jay Birkholz, Wausau East

2005 WVC Honorable Mention

11. Adam Hopp, Stevens Point
12. Matt Byrne, Wausau East
13. Kyle Walbeck, Merrill
14. Kris Giese, Stevens Point
15. Jack Senefeld, Stevens Point

2005 WVC Top Ten Girls

1. Margaret Ho, Wisconsin Rapids
2. Cassey Lynn, Merrill
3. Kate Sanft, Wausau East
4. Ellen Kumm, Wausau West
5. Jenna Southworth, Marshfield
6. Stephanie Smith, Marshfield
7. Kristen Schram, Merrill
8. Amy Pawelko, Marshfield
9. Stephanie Szymanski, Merrill
10. Amber Bickler, Antigo

2005 WVC Honorable Mention

11. Nikki Bruhn, Marshfield
 12. Amy Haupt, Wisconsin Rapids
 13. Katlyn Reimann, DC Everest
 14. Ashley Vial, DC Everest
 15. Marlena Sniadajewski, Stevens Point
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Wisconsin Valley All-Conference Runners Since 1975

2004 WVC Top Ten Boys

1. Jon Waldvogel, Wausau West
2. Sam Braatz, Wausau East
3. Josh Hohensee, Wausau West
4. Adam Steinke, Marshfield
5. David Maxwell, DC Everest
6. Sean Harrington, Marshfield
7. Tyler Winkleman, Stevens Point
8. John Pliska, Stevens Point
9. Christopher Wirtz, DC Everest
10. Casey Kipfer, Wisconsin Rapids

2004 WVC Honorable Mention

11. Joe Schoneman, Merrill
12. Kiel Hausler, Stevens Point
13. Justin Gruna, Merrill
14. Kit Powel, Antigo
15. Matt Burne, Wausau East

2004 WVC Top Ten Girls

1. Emma Tauchman, Stevens Point
2. Jackie Oestreich, Merrill
3. Nikki Bruhn, Marshfield
4. Kallie Suske, DC Everest
5. Kara Tauchman, Stevens Point
6. Katlyn Reimann, DC Everest
7. Heidi Cray, Rhinelander
8. Jenna Southworth, Marshfield
9. Cassey Lynn, Merrill
10. Zoe Brown, Stevens Point

2004 WVC Honorable Mention

11. Elly Prunty, Antigo
12. Karlee Simkowski, Stevens Point
13. Amy Pawelko, Marshfield
14. Crystal Deaner, Stevens Point
15. Ashley Krakow, Wisconsin Rapids

2003 WVC Top Ten Boys

1. Ross Macdonald, Rhinelander
2. Luke Langhorst, Stevens Point
3. Jon Waldvogel, Wausau West
4. Andrew McGuire, Wis. Rapids
5. Sam Braatz, Wausau East
6. Tom Winkelman, Stevens Point
7. Mickey Katz, Stevens Point
8. Paul Zdroik, Stevens Point
9. Al Smith, Rhinelander
10. Josh Hohensee, Wausau West

2003 WVC Honorable Mention

11. Casey Kipfer, Wisconsin Rapids
12. Harrison Smith, Stevens Point
13. Adam Steinke, Marshfield
14. Adam Wolfe, Marshfield
15. Matt Byrne, Wausau East

2003 WVC Top Ten Girls

1. Jackie Oestreich, Merrill
2. Emma Tauchman, Stevens Point
3. Kara Tauchman, Stevens Point
4. Jenny Groshek, Stevens Point
5. Zoe Browne, Stevens Point
6. Kelly Shaw, Stevens Point
7. Sally Merckx, DC Everest
8. Kallie Suske, DC Everest
9. Elly Prunty, Antigo
10. Ainsley Cray, Rhinelander

2003 WVC Honorable Mention

11. Lindsey Peotter, Wisconsin Rapids
12. Margaret Ho, Wisconsin Rapids
13. Olivia Szymanski, Merrill
14. Lacy Loos, Marshfield
15. Michelle Stahel, Wausau West

2002 WVC Top Ten Boys

1. Chris Solinsky, Stevens Point
2. Jordan Theuerkauf, DC Everest
3. Tom Winkelman, Stevens Point
4. Brian Welch, Wausau East
5. Jon Stoehr, Antigo
6. Mickey Katz, Stevens Point
7. Adam Wolfe, Marshfield
8. Peter Mullen, Wausau East
9. Ross MacDonald, Rhinelander
10. Josh Hohensee, Wausau West

2002 WVC Honorable Mention

11. Mike Ormond, Marshfield
12. Bryan Willkom, Marshfield
13. Andrew McGuire, Wis. Rapids
14. Sam Braatz, Wausau East
15. Luke Langhorst, Stevens Point

2002 WVC Top Ten Girls

1. Emma Tauchman, Stevens Point
2. Rebecca Peterson, Wis. Rapids
3. Zoe Browne, Stevens Point
4. Olivia Szymanski, Merrill
5. Brittany Schoessow, Merrill
6. Jackie Oestreich, Merrill
7. Kara Tauchman, Stevens Point
8. Jena Trask, DC Everest
9. Jenny Groshek, Stevens Point
10. Jenna Southworth, Marshfield

2002 WVC Honorable Mention

11. Ericka Dernvosek, Marshfield
 12. Mandie Bauknecht, Antigo
 13. Kallie Suske, DC Everest
 14. Sonya Ewert, Marshfield
 15. Amanda Beard, Wausau East
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Wisconsin Valley All-Conference Runners Since 1975

2001 WVC Top Ten Boys

1. Chris Solinsky, Stevens Point
2. Tom Vandiest, Wausau West
3. Brian Welch, Wausau East
4. Jordan Theuerkauf, DC Everest
5. Ross Conrad, DC Everest
6. David Honig, Rhinelander
7. Erik Harrington, Marshfield
8. Mike Ormond, Marshfield
9. Quinn Baumberger, Stevens Point
10. Peter Mullen, Wausau East

2001 WVC Honorable Mention

11. Luke Langhorst, Stevens Point
12. Chris Hanson, Merrill
13. Mickey Katz, Stevens Point
14. Jon Stoehr, Antigo
15. Bryan Willkom, Marshfield

2001 WVC Top Ten Girls

1. Emma Tauchman, Stevens Point
2. Kara Tauchman, Stevens Point
3. Anisley Cray, Rhinelander
4. Jessica Helling, Merrill
5. Amanda Beard, Wausau East
6. Brit Schoessow, Merrill
7. Mandie Bauknecht, Antigo
8. Jena Trask, DC Everest
9. Amanda Schramm, Antigo
10. Katie Craven, Wausau East

2001 WVC Honorable Mention

11. Kim Klosno, Stevens Point
12. Zoe Browne, Stevens Point
13. Stef Zeihen, DC Everest
14. Ashley Keefe, Wausau East
15. Olivia Szymanski, Merrill

2000 WVC Top Ten Boys

1. Chris Solinsky, Stevens Point
2. Brian Welch, Wausau East
3. Nick Schaut, DC Everest
4. Peter Mullen, Wausau East
5. Dan Henning, Wisconsin Rapids
6. Kyle Patoka, Stevens Point
7. Jordan Theuerkauf, DC Everest
8. Quinn Baumberger, Stevens Point
9. David Honig, Rhinelander
10. Ken Statz, Wisconsin Rapids

2000 WVC Honorable Mention

11. Erik Harrington, Marshfield
12. Ross Conrad, DC Everest
13. Mickey Katz, Stevens Point
14. Josh Kujawa, Stevens Point
15. Luke Langhorst, Stevens Point

2000 WVC Top Ten Girls

1. Stefanie Zeihen, DC Everest
2. Amy Belleba, Rhinelander
3. Adrienne Olds, Wisconsin Rapids
4. Veronica Bordewick, DC Everest
5. Laine Willkom, Stevens Point
6. Katie Craven, Wausau East
7. Courtney Mills, DC Everest
8. Julie Mocadlo, Wisconsin Rapids
9. Amanda Schramm, Antigo
10. Jena Trask, DC Everest

2000 WVC Honorable Mention

11. Mandi Bauknecht, Antigo
12. Jessica Hehling, Merrill
13. Katie Bendickson, Marshfield
14. Alexis Sustman, Stevens Point
15. Jackie Kropp, Stevens Point

1999 WVC Top Ten Boys

1. Josh Garbe, Stevens Point
2. Jeff Riepe, Marshfield
3. Jeremy Zimmerman, DC Everest
4. Chris Solinsky, Stevens Point
5. Chris Jahntz, Stevens Point
6. Jordan Theuerkauf, DC Everest
7. Jeff Burkart, Marshfield
8. Nick Schaut, DC Everest
9. A. J. Moen, Stevens Point
10. Geoff Wagner, Marshfield

1999 WVC Honorable Mention

11. Jon Stoehr, Antigo
12. Erik Harrington, Marshfield
13. Curt Mitchell, Stevens Point
14. Ross Conrad, DC Everest
15. Jason Laska, DC Everest

1999 WVC Top Ten Girls

1. Stefanie Zeihen, DC Everest
2. Lindsey Sippl, DC Everest
3. Bethany Kunzer, DC Everest
4. Rachel Stoehr, Antigo
5. Amanda Beard, Wausau East
6. Veronica Bordewick, DC Everest
7. Laine Willkom, Stevens Point
8. Jena Trask, DC Everest
9. Julie Mocadlo, Wisconsin Rapids
10. Julie Cavey, DC Everest

1999 WVC Honorable Mention

11. Amy Belleba, Rhinelander
12. Katie Bendickson, Marshfield
13. Katie Ziehr, Stevens Point
14. Alexis Sustman, Stevens Point
15. Heather Burkart, Marshfield

Wisconsin Valley All-Conference Runners Since 1975

1998 WVC Top Ten Boys

1. Josh Garbe, Stevens Point
2. Dave Cisewski, Stevens Point
3. Dave MacDonald, Rhinelander
4. Mike Mbughuni, Stevens Point
5. Dan Wolf, Stevens Point
6. Drew Hohensee, Wausau West
7. Jesse Winkelman, Stevens Point
8. Jason Zahrt, DC Everest
9. Michael Kirsch, Stevens Point
10. Jaren Thomas, Antigo

1998 WVC Honorable Mention

11. Jeff Burkart, Marshfield
12. Brad Seeley, DC Everest
13. Adam Kraus, Marshfield
14. Jeff Riepe, Marshfield
15. Aaron Bell, DC Everest

1998 WVC Top Ten Girls

1. Stefanie Zeihen, DC Everest
2. Bekah West, Wausau East
3. Adriene Olds, Wisconsin Rapids
4. Kari Paulson, Stevens Point
5. Alexis Sustman, Stevens Point
6. Bethaney Kunzer, DC Everest
7. Val Schubring, Wausau West
8. Heather Burkart, Marshfield
9. Jullie Mocadlo, Wisconsin Rapids
10. Julie Cavey, DC Everest

1998 WVC Honorable Mention

11. Chris Svoboda, Antigo
12. Rachel Borens, DC Everest
13. Kjersten Johnson, Stevens Point
14. Kim Klosno Stevens Point
15. Amy Schultz, DC Everest

1997 WVC Top Ten Boys

1. Clint Eiden, Stevens Point
2. Drew Hohensee, Wausau West
3. Casey Hopp, Stevens Point
4. Liam Walsh, Rhinelander
5. Jon Peterson, DC Everest
6. Victor Hackbarth, Wis. Rapids
7. Dan Wolf, Stevens Point
8. Jason Zahrt, DC Everest
9. Josh Garbe, Stevens Point
10. Andrew Dall, Rhinelander

1997 WVC Honorable Mention

11. Dave Mac Donald, Rhinelander
12. Jaren Thomas, Antigo
13. Jesse Winkelman, Stevens Point
14. Matt Hable, DC Everest
15. Luke Kunze, Wausau West

1997 WVC Top Ten Girls

1. Katie Ross, Wisconsin Rapids
2. Bekah West, Wausau East
3. Kari Paulson, Stevens Point
4. Amanda Barttelt, Wausau West
5. Ann Lewis, Wausau East
6. Amanda Osuldsen, Marshfield
7. Kjersten Johnson, Stevens Point
8. Alexis Sustman, Stevens Point
9. Betheny Kunzer, DC Everest
10. Sarah Ninneman, Wausau East

1997 WVC Honorable Mention

11. Brook Roeske, DC Everest
12. Jenny Wipperman, Wausau West
13. Carol Tomasi, Wausau East
14. Ann Tuszka, Stevens Point
15. Lynsi Spaulding, Marshfield

1996 WVC Top Ten Boys

1. Joel Brusewitz, Stevens Point
2. Casey Hopp, Stevens Point
3. Drew Hohensee, Wausau West
4. Jesse Drake, Rhinelander
5. Clint Eiden, Stevens Point
6. Aaron Bell, DC Everest
7. Jon Peterson, DC Everest
8. Luke Kunze, Wausau West
9. Mike Mbughuni, Stevens Point
10. Matt Hable, DC Everest

1996 WVC Top Ten Girls

1. Darlene Amelse, Merrill
2. Katie Ross, Wisconsin Rapids
3. Colleen Gross, Wausau East
4. Amanda Bartlett, Wausau West
5. Amy Karnitz, Wausau East
6. Crystal Ostrowski, Stevens Point
7. Bekah West, Wausau East
8. Kirsten Nelson, Merrill
9. Lisa Langenhahn, Wausau West
10. Brook Roeske, DC Everest

1995 WVC Top Ten Boys

1. Ben Schneeberger, Stevens Point
2. Paul Chellvold, Wausau West
3. Joel Brusewitz, Stevens Point
4. Ryan Aschbrenner, Marshfield
5. Clint Eiden, Stevens Point
6. Ben Schaut, DC Everest
7. Ryan Wenos, Rhinelander
8. Jesse Drake, Rhinelander
9. Dale Boruch, DC Everest
10. Andy Swiston, Stevens Point

Wisconsin Valley All-Conference Runners Since 1975

1995 WVC Top Ten Girls

1. Darlene Amelse, Merrill
2. Katie Ross, Wisconsin Rapids
3. Lisa Pisca, DC Everest
4. Amanda Bartelt, Wausau West
5. Amy Karnitz, Wausau East
6. Colleen Gross, Wausau East
7. Carol Tomasi, Wausau East
8. Amanda Pischke, Wis. Rapids
9. Kirsten Nelson, Merrill
10. Jackie Bender, DC Everest

1994 WVC Top Ten Boys

1. Brendon O'Brien, Rhinelander
2. Fred Steffen, Stevens Point
3. Kevin Hopp, Stevens Point
4. Ben Schneeberger, Stevens Point
5. Ben Schaut, DC Everest
6. Dale Boruch, DC Everest
7. Ryan DeBaker, DC Everest
8. Joel Brusewitz, Stevens Point
9. Clint Eiden, Stevens Point
10. Matt Frost, Rhinelander

1994 WVC Top Ten Girls

1. Janet Spatz, Wausau East
2. Colleen Gross, Wausau East
3. Crystal Ostrowski, Stevens Point
4. Amanda Pischke, Wis. Rapids
5. Molly McGrath, Wis. Rapids
6. Amy Karnitz, Wausau East
7. Kirsten Nelson, Merrill
8. Katie Sipiorski, Stevens Point
9. Kristin Mehlberg, Stevens Point
10. Lisa Pisca, DC Everest

1993 WVC Top Ten Boys

1. Brendan O'Brien, Rhinelander
2. Josh Christman, Stevens Point
3. Matt Sanford, Wausau East
4. Fred Steffen, Stevens Point
5. Kevin Hopp, Stevens Point
6. Ben Schneeberger, Stevens Point
7. Ryan Debaker, DC Everest
8. Paul Chellevoid, Wausau West
9. Aaron Hendon, DC Everest
10. Brett Witt, Stevens Point

1993 WVC Top Ten Girls

1. Amanda Pischke, Wis. Rapids
2. Colleen Gross, Wausau East
3. Amy Karnitz, Wausau East
4. Janet Spatz, Wausau East
5. Aimee Zivicki, Stevens Point
6. Laura Nelson, DC Everest
7. Darlene Amelse, Merrill
8. Michelle Rubow, Wausau West
9. Crystal Ostrowski, Stevens Point

10. Brita Knippel, Stevens Point

1992 WVC Top Ten Boys

1. Jason Waldvogel, Wausau West
2. Brendon O'Brien, Rhinelander
3. Mario Berdan, Marshfield
4. Josh Vissers, Rhinelander
5. Josh Christman, Stevens Point
6. Willie Churchill, Stevens Point
7. Jesse Chellevoid, Wausau West
8. Brian Wallachlaeger, Wausau East
9. Matt Sanford, Wausau East
10. Fred Steffen, Stevens Point

1992 WVC Top Ten Girls

1. Sarah Bashinski, Wausau East
2. Aimee Solchenberger, Wau. East
3. Janet Spatz, Wausau East
4. Korina Volm, Wausau West
5. Molly Mc Grath, Wisconsin Rapids
6. Dawn Ostrowski, Stevens Point
7. Amy Hocking, Stevens Point
8. Aimee Zivicki, Stevens Point
9. Laura Nelson, DC Everest
10. Kristin Mehlberg, Stevens Point

1991 WVC Top Ten Boys

1. Jason Waldvogel, Wausau West
2. Mario Berdan, Marshfield
3. Brendan O'Brien, Rhinelander
4. Tim Swiston, Stevens Point
5. Josh Christman, Stevens Point
6. Corey Hall, Wausau West
7. Dan Naef, Wausau East
8. Mike Lukas, Wisconsin Rapids
9. Casey Foss, Marshfield
10. Matt Sandford, Wausau East

1991 WVC Top Ten Girls

1. Heather Ironside, Wis. Rapids
2. Sarah Bashinski, Wausau East
3. Korina Volm, Wausau West
4. Anne Marshall, DC Everest
5. Caley Kawleski, Stevens Point
6. Dawn Ostrowski, Stevens Point
7. Stacy Hauboldt, DC Everest
8. Aimee Solchenberger, Wausau E.
9. Laura Nelson, DC Everest
10. Kristin Pflieger, Merrill

1990 WVC Top Ten Boys

1. Rex Zemke, DC Everest
2. Jon Cooper, Stevens Point
3. Tim Kinney, Wisconsin Rapids
4. Jim Holmes, Stevens Point
5. Jason Waldvogel, Wausau West
6. Trent Janssen, Wisconsin Rapids
7. Dan Naef, Wausau East

WVC recognizes 11th-15th place as WVC Honorable Mention since 1997

Wisconsin Valley All-Conference Runners Since 1975

8. Greg Dorn, Stevens Point
9. Chad Witt, Stevens Point
10. Mario Berdan, Marshfield

1990 WVC Top Ten Girls

1. Sarah Bashinski, Wausau East
2. Anne Marshall, DC Everest
3. Karen Kreul, Stevens Point
4. Korina Volm, Wausau West
5. Caley Kawleski, Stevens Point
6. Gina McKenna, Antigo
7. Tracy Hopp, Stevens Point
8. Heather Ironside, Wi. Rapids
9. Kristin Pfeifer, Merrill
10. Rose Ann Mallek, Stevens Point

1989 WVC Top Ten Boys

1. Joel Buffington, Marshfield
2. Jon Cooper, Stevens Point
3. Rex Zemke, DC Everest
4. Jason Waldvogel, Wausau West
5. Tim Kenney, Wisconsin Rapids
6. Jim Holmes, Stevens Point
7. Jon Pundsack, Rhinelander
8. Mike Dell, DC Everest
9. Mark Glinski, DC Everest
10. Kevin Peura, DC Everest

1989 WVC Top Ten Girls

1. Jenny Johnson, Stevens Point
2. Sarah Bashinski, Wausau East
3. Heather Ironside, Wis. Rapids
4. Anne Marshall, DC Everest
5. R. Mallek, Stevens Point
6. Cassandra Sundby, DC Everest
7. Korina Volm, Wausau West
8. Beth Glinski, DC Everest
9. Caley Kawleski, Stevens Point
10. Tracey Hopp, Stevens Point

1988 WVC Top Ten Boys

1. Doug Milkowski, Stevens Point
2. John Hyland, Stevens Point
3. Jon Cooper, Stevens Point
4. Phil Gallagher, Wausau West
5. Tim Kenney, Wisconsin Rapids
6. Joel Buffington, Marshfield
7. Rich Kenney, Wisconsin Rapids
8. Rex Zemke, DC Everest
9. Tim Gross, Wausau East
10. Mike Dell, DC Everest

1988 WVC Top Ten Girls

1. Jodi Ebacher, Wisconsin Rapids
2. Jenny Johnson, Stevens Point
3. S. Martineau, Stevens Point
4. Heather Ironside, Wis. Rapids
5. Nikki Peterson, DC Everest

6. Beth Glinski, DC Everest
7. Heather Hill, Wisconsin Rapids
8. M. Potter, Wausau West
9. Lisa Majerle, DC Everest
10. Sara Wagner, Stevens Point

1987 WVC Top Ten Boys

1. Ed Holzem, Wausau East
2. Doug Milkowski, Stevens Point
3. Eric Leszynski, DC Everest
4. Jeff Hill, Marshfield
5. Rich Kenney, Wisconsin Rapids
6. Jeff Craig, Rhinelander
7. Kevin Michalski, Marshfield
8. Phil Gallagher, Wausau West
9. Dave Meisinger, Rhinelander
10. Charlie Schmock, Rhinelander

1987 WVC Top Ten Girls

1. Kim Schnieder, Stevens Point
2. Jenny Johnson, Stevens Point
3. Nikki Peterson, DC Everest
4. Jodi Ebacher, Wisconsin Rapids
5. Tesa Kovach, Stevens Point
6. Karen Kruehl, Stevens Point
7. Julie Wick, Wausau West
8. Andrea Kleirer, Wisconsin Rapids
9. Dana Huckbody, Wausau East
10. S. Martineau, Stevens Point

1986 WVC Top Ten Boys

1. John Ceplina, Stevens Point
2. Ed Holzem, Wausau East
3. Kevin Michalski, Marshfield
4. Jon Wenzel, Wisconsin Rapids
5. Phil Gallagher, Wausau West
6. John Hyland, Stevens Point
7. Troy Jansen, Wisconsin Rapids
8. Jim Sadowska, Marshfield
9. Jeff Hill, Marshfield
10. Dan Morgan, Stevens Point

1986 WVC Top Ten Girls

1. Kim Schneider, Stevens Point
2. Tracy Dunek, DC Everest
3. Tami Callahan, Wisconsin Rapids
4. Heather Hill, Wisconsin Rapids
5. Suzanne Martineau, Stevens Pt.

WVC recognizes 11th-15th place as WVC Honorable Mention since 1997

Wisconsin Valley All-Conference Runners Since 1975

6. Beth Damgaard, Wausau East
7. Jenny Johnson, Stevens Point
8. Jody Ebacher, Wisconsin Rapids
9. Amy Kussman, Wisconsin Rapids
10. Tesa Kouach, Stevens Point

6. Pam Krueger, Wisconsin Rapids
7. Alison Ungar, DC Everest
8. Jill O'Hearn, Wausau West
9. Renee Breu, Marshfield
10. Beth Martineau, Stevens Point

1985 WVC Top Ten Boys

1. Mike Monk, Stevens Point
2. Dan Kempf, Wausau East
3. John Hyland, Stevens Point
4. Ed Holzem, Wausau East
5. John Ceplina, Stevens Point
6. Mike Watson, Marshfield
7. Scott Longley, Stevens Point
8. Jim Sadowska, Marshfield
9. John Wiberg, Wisconsin Rapids
10. Kevin Michalski, Marshfield

1983 WVC Top Ten Boys

1. Gary Anderson, Stevens Point
2. Andy Sackman, Stevens Point
3. Mark Sowiak, Stevens Point
4. Steve Wollmer, Stevens Point
5. Kevin Flatoff, Stevens Point
6. Kim Lascebi, Stevens Point
7. Matt Diestler, DC Everest
8. Mike Monk, Stevens Point
9. Mark Staffon, Rhinelander
10. Blake Strand, Marshfield

1985 WVC Top Ten Girls

1. Suzy Favor, Stevens Point
2. Tami Callahan, Wisconsin Rapids
3. Tracie Dunek, DC Everest
4. Julie Hagen, Marshfield
5. Heather Hill, Wisconsin Rapids
6. Dana Huckbody, Wausau East
7. Beth Damgaard, Wausau East
8. Tracy Fuchs, DC Everest
9. Angela Bubolz, Marshfield
10. Kay Schultz, Stevens Point

1983 WVC Top Ten Girls

1. Suzy Favor, Stevens Point
2. Kris Favor, Stevens Point
3. Sheri Hall, Stevens Point
4. Julie Hagen, Marshfield
5. Beth Martineau, Stevens Point
6. Allison Ungar, DC Everest
7. Sara Jahnke, Stevens Point
8. Kathy Scharahorst, Wausau East
9. Tami Carlson, DC Everest
10. Wendy Schuster, Wausau West

1984 WVC Top Ten Boys

1. Kim Lasecki, Stevens Point
2. Rob Sparhawk, Stevens Point
3. Mike Monk, Stevens Point
4. CJ Hanson, Stevens Point
5. Matt Diestler, DC Everest
6. Jim Pesavento, Wausau East
7. Shane Cherney, Stevens Point
8. Mike Watson, Marshfield
9. Tim Olson, Rhinelander
10. Dan Kempf, Wausau East

1982 WVC Top Ten Boys

1. Gary Anderson, Stevens Point
2. Andy Sackman, Stevens Point
3. Jay Blazek, Antigo
4. Eric Bretl, Antigo
5. John Phillippi, Marshfield
6. Mike Martin, Wausau West
7. Steve Wollmer, Stevens Point
8. Jason West, Stevens Point
9. Kevin Flatoff, Stevens Point
10. Jim Bauman, Wausau East

1984 WVC Top Ten Girls

1. Suzy Favor, Stevens Point
2. Julie Hagen, Marshfield
3. Kris Favor, Stevens Point
4. Wendy Schuster, Wausau West
5. Tami Callahan, Wisconsin Rapids

1982 WVC Top Ten Girls

1. Suzy Favor, Stevens Point
2. Kris Favor, Stevens Point
3. Jenny Hintz, Wausau East
4. Lee Ann Schultz, DC Everest
5. Sara Jahnke, Stevens Point

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Wisconsin Valley All-Conference Runners Since 1975

6. Cindy Balis, Antigo
7. Sheri Hall, Stevens Point
8. Beth Martineau, Stevens Point
9. Sue Peterson, Wisconsin Rapids
10. Wendy Schuster, Wausau West

1981 WVC Top Ten Boys

1. Keith Hanson, Stevens Point
2. Steve Cherney, Stevens Point
3. Gary Anderson, Stevens Point
4. Joe Waldvogel, Wausau West
5. Tim Zahl, Antigo
6. Eric Bretl, Antigo
7. Roger Gollon, Stevens Point
8. Steve Rice, Stevens Point
9. Mike Martin, Wausau West
10. John Holmes, DC Everest

1981 WVC Top Ten Girls

1. Jenny Hintz, Wausau East
2. Sheri Hall, Stevens Point
3. Kris Favor, Stevens Point
4. Tami Carlson, DC Everest
5. Alison Ungar, DC Everest
6. Lee Ann Schultz, DC Everest
7. Sarah Janke, Stevens Point
8. Beth Martineau, Stevens Point
9. Cindy Balis, Antigo
10. Cec Dawson, Rhinelander

1980 WVC Top Ten Boys

1. Keith Hanson, Stevens Point
2. Joe Waldvogel, Wausau West
3. Steve Cherney, Stevens Point
4. Steve Rice, Stevens Point
5. Gary Anderson, Stevens Point
6. Tim Zahl, Antigo
7. Brian Craemer, Wausau West
8. Roger Gollon, Stevens Point
9. Jeff Kuiawa, Stevens Point
10. Andy Heldt, Merrill

1980 WVC Top Ten Girls

1. Sarah Hintz, Wausau East
2. Jenni Hintz, Wausau East
3. Tami Carlson, DC Everest
4. Ann Walker, Wausau East
5. Sarah Jahnke, Stevens Point

6. Sheri Hall, Stevens Point
7. Sue Peterson, Wisconsin Rapids
8. Karri Hartlick, Stevens Point
9. Karin Jacobson, DC Everest
10. Cindy Balis, Antigo

1979 WVC Top Ten Boys

1. Kent Brooks, Stevens Point
2. Mitch Lukasavage, Stevens Point
3. John Miner, DC Everest
4. Dave O'Keefe, Stevens Point
5. Keith Hanson, Stevens Point
6. Rich Baptist, Wausau East
7. Mark Crable, Wisconsin Rapids
8. Dan Sautter, Marshfield
9. Steve Rice, Stevens Point
10. Steve Cherney, Stevens Point

1979 WVC Top Ten Girls

1. Marilyn Miller, Stevens Point
2. Lisa Nienstadt, Rhinelander
3. Sarah Hintz, Wausau East
4. Sarah Knutson, Wausau East
5. Tracey Skorseth, Stevens Point
6. Jenny Hintz, Wausau East
7. Felcia Abler, Wisconsin Rapids
8. Alice Kuether, Wausau West
9. Sue Peterson, Wisconsin Rapids
10. Joan Anderson, Wisconsin Rapids

1978 WVC Top Ten Boys

1. Pete Skorseth, Stevens Point
2. Ray Przybelski, Stevens Point
3. Wayne Solinski, Stevens Point
4. Jerry Habeck, DC Everest
5. Mitch Lukasavage, Stevens Point
6. John Miner, DC Everest
7. Jeff Burk, Wausau West
8. Mark Crabb, Wisconsin Rapids
9. Dan Powell, Wausau West
10. Jerry Fenske, Wausau West

1978 WVC Top Ten Girls

1. Tracey Skorseth, Stevens Point
2. Marilyn Miller, Stevens Point
3. Sarah Knutson, Wausau East
4. Joan Anderson, Wisconsin Rapids
5. Lisa Nienstadt, Rhinelander

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Wisconsin Valley All-Conference Runners Since 1975

6. Sarah Hintz, Wausau East
7. Sandy Adams, Marshfield
8. Alice Kuetler, Wausau West
9. Beth Ohland, DC Everest
10. Linda Lidner, Shawano

6. Laura Smith DC Everest
7. Patti Scaepe Wausau West
8. Cindy Hintz DC Everest
9. Dawn Smart Wausau West
10. Karen Werner Rhinelander

1977 WVC Top Ten Boys

1. Bill Fischer Rhinelander
2. Pete Skorseth SPASH
3. John Herrmann Antigo
4. Mark Taylor SPASH
5. Jim Konkol Wisconsin Rapids
6. Fed Hohensee Antigo
7. Shane Brooks SPASH
8. Dan Morris SPASH
9. Ross Reimer Wausau West
10. Jeff Passineau Wisconsin Rapids

1975 WVC Top Ten Boys

1. Eugene Phillips SPASH
2. Bill Fischer Rhinelander
3. Mike Swanson Wausau West
4. Jay Heldt Merrill
5. Ray Schickling Wisconsin Rapids
6. Doug Robinson Wisconsin Rapids
7. Marc Oliver SPASH
8. Ken Hagen Rhinelander
9. Greg Zurn DC Everest
10. Mike Harkins Rhinelander

1977 WVC Top Ten Girls

1. Lisa Neinstadt Rhinelander
2. Tracy Skorseth SPASH
3. Deana Schmidt Marshfield
4. Marilyn Miller SPASH
5. Lisa Burnside SPASH
6. Kelly Kubash Rhinelander
7. Jenny Wendt Merrill
8. Linda Streble Wausau East
9. Brenda Kubesh Rhinelander
10. Sarah Knutson Wausau East

1975 WVC Top Ten Girls

1. Linda Barske Antigo
2. Kelly Kubash Rhinelander
3. Leslie Stroeble Antigo
4. Donna Capodice Antigo
5. Mary Ann Werner Rhinelander
6. ?
7. ?
8. Betsy Bowers Wausau East
9. Patty Smrstick Wausau West
10. ?

1976 WVC Top Ten Boys

1. Bill Fischer Rhinelander
2. Jay Heldt Merrill
3. Mike Harkins Rhinelander
4. Mike Salzwedal Marshfield
5. Fred Hohensee Antigo
6. Tim Gifford Wausau West
7. Ken Hagen Rhinelander
8. John Herrmann Antigo
9. Jim Konkel Wisconsin Rapids
10. Charlie Johnson Merrill

1976 WVC Top Ten Girls

1. Linda Barske Antigo
2. Dianna Schmidt Merrill
3. Tracy Skorseth SPASH
4. Linda Streble Wausau East
5. Diane Rauen DC Everest

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